

SPRING 2010



Rolling Ridge

† Retreat and Conference Center

A VIEW FROM THE RIDGE

AMAZING YEAR!!

- Four new Oriental rugs in our meeting rooms!
- New lights, flooring, and décor on the first floor
- 60 New Dining Room chairs
- Offered 41 programs on spirituality, wellness and compassion. A 35% increase
- Artist days at Rolling Ridge yield new art and a Gallery
- Ridgefest Open House features our wellness staff and draws hundreds to the Ridge.
- Historic documentation compiled by the Harvard Landscape team
- Going Green— a new recycling program introduced
- Major pool renovations and over 30 years of welcoming Community Day Care.

Sightlines- Views from the Director



To Remember What is Sacred

“Most of our searching is looking for ways to discover who we already are. In this, we are a forgetful species, and perhaps what Adam and Eve lost when kicked out of Eden was their ability to remember what is sacred.”

Mark Nepo’s words struck home. Maybe it was because I have been teaching others about time management, about what is important and what is urgent, and the urgent always crowds out the important and often drowns out the sacred. Maybe it is because I cleaned my desk for the new year and now I am forgetting where I put everything. Maybe because Mark went on the write this: “So what can we do? Well, it is no secret that slowness remembers and hurry forgets; that softness remembers and hardness forgets; that surrender remembers and fear forgets.”

Slow, soft, surrender. Those are the pieces that deepen life, that open one to the sacred. Do you remember your first slow dance? The softness of a baby? The first time you floated in the water, held up so amazingly? They are the pieces that help us remember how wonderful life is, how often we have been blessed.

These are also the pieces that we nurture at a retreat center. This is a place to slow down, to notice the hawk soaring, the deer tracks in the snow, the warmth of the fire and the taste of cookies in the sitting room. This is a place where we encourage the heart to be soft, to listen in the silences, to reflect on the words of another, to remember that we are loved. This is a place to let go of the busy demands and fearful worries of daily life and remember what is important, remember you are already blessed.

Whether you come for a day retreat or come with a group, we hope you will discover again what is sacred and how special and blessed you are. We will help you remember with a slow pace, soft hearts and warm fireplaces, and a peaceful place away from tension and fear.

Remember who you are. God’s beloved.

Lamy

A VIEW FROM THE RIDGE

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TESTIMONY

We felt welcome from the moment of arrival and every staff person was cheerful and accommodating. The food was beyond anything we hoped for, and I know our vegetarian colleagues loved the options they had. Even before arrival, Alison did a wonderful job of making the planning easy. I couldn't imagine we could have had a better location for our national gathering.

-Erin Murphy
Literary Agency



SPRING RENEWAL DAYS

Book your Spring Renewal Day now by calling our office at 978-682-8815. Come for the day, rest in a private room, walk the labyrinths, read a book, walk the hiking trails. Spring Renewal Day fee: \$25. Add a gourmet lunch for \$13.

PROGRAM CALENDAR (for details visit www.rollingridge.org)

MARCH

March 23 Praying with and for Others 9:30am-3:30pm
March 24 The Fifth Gospel, Lessons from Thomas 9:30am-3:30pm

APRIL

April 12 Deep Listening in difficult times 9:30am-3:30pm
April 13 Attitude of Gratitude- 12 Steps 9:30am-3:30pm
April 13 Drumming for Joy 7pm-8:30pm

MAY

May 3 Mommy Ministers 9:30am-3:30pm
May 10 Drumming for Joy 7pm-8:30pm
May 11 The Awakened Heart 9:30am-3:30pm
May 18 Writing the Sacred 9:30am-3:30pm
May 19 Spirit Books 9:30am-3:30pm

JUNE

June 8 Walking in Circles, Finding a Way 9:30am-3:30pm

JULY

July 8-11 Elementary Weekend Retreat Friday - Sunday
July 11-17 Senior High Missions Week Sunday-Saturday

AUGUST

August 1-5 Middle School Camp Sunday-Thursday

COMING THIS FALL:

SEPTEMBER

September 2 Intensive Ministry w/ Alice Mann 9:30am-3:30pm
Sept. 20-23 Arts Week- featuring Clay Retreat, Poetry, Drumming, Storytelling, Expressive Arts, & Contemplative Photography

OCTOBER

October 4 Nurture Yourself 9:30am-3:30pm
October 5 Gratefulness 9:30am-3:30pm
October 19 Spirituality & Peacemaking 9:30am-3:30pm

NOVEMBER

November 2 Chanting 9:30am-3:30pm
November 16 Focusing 9:30am-3:30pm
November 17 Laments 9:30am-3:30pm

DECEMBER

December 7 Advent Retreat 9:30am-3:30pm
(Watch our web-site for more programs to be scheduled.)

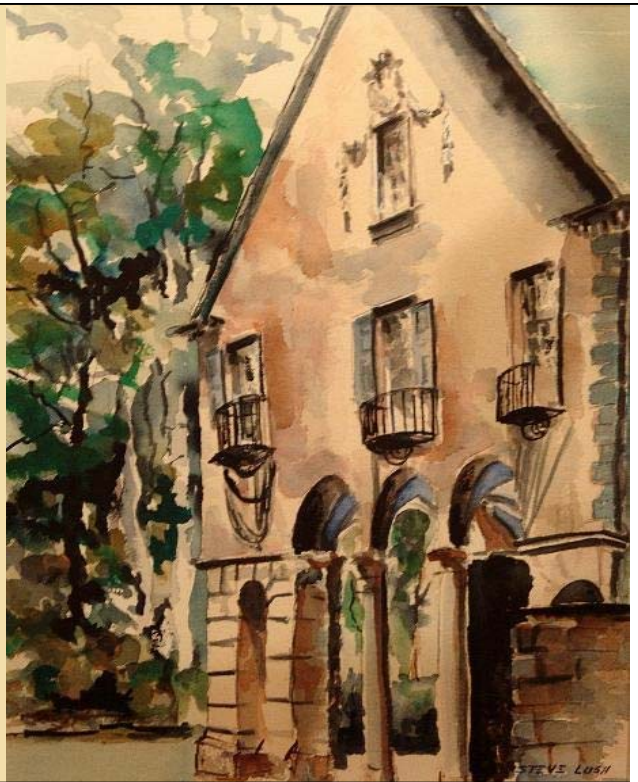
TO REGISTER FOR ANY OR ALL OF OUR DAY APART OR EVENING PROGRAMS:
GO TO www.rollingridge.org/programs/adultprograms

ARTISTS RETURN TO ROLLING RIDGE!

Rolling Ridge will host its second “Glimpse of Europe” Open House for artists and the public to explore and enjoy its 38-acre European-styled estate among the rolling hills on the shores of Lake Cochichewick on Sunday, June 6 from 11 am to 4 pm.

Last year over 40 artists found inspiration in Rolling Ridge and created oil, watercolor and acrylic paintings, many of which are on display and for sale in the main house.

Sponsored by the North Andover Cultural Council, the Andovers Artist Guild and Rolling Ridge, this summer community event draws many people to the Ridge for art, food and tours. We look forward to seeing you on **June 6th**.



THE NEW LAKESIDE GALLERY

Last years “Glimpse of Europe” art day produced such wonderful paintings of Rolling Ridge that we hung them in the dining room. The Andovers Artist Guild approached us about using the wall space for other paintings and thus the Lakeside Gallery was created. Through March 4th, the “Winter Show” features everything from snowy country scenes to Valentines roses. The spring show is entitled, “Rebirth and Renewal.” Please come and visit the new Lakeside Gallery. All the works are for sale and proceeds benefit Rolling Ridge and the artist. Bring home a sampling of the artwork with Rolling Ridge note cards for sale for only \$8.



2009 Rolling Ridge DONORS

POINT OF PINES SOCIETY (\$1000 and above)

Alma Lee Carpenter
Calvary United Methodist Church
Cynthia Good & Alan Pratt
Larry Peacock & Anne Broyles
Kerry and John Hamilton
Robin Joyce
Aram, Adrineh, & Azniv Nalbandian

REJUVENATION SOCIETY (\$500-\$999)

Phil & Jane Bellomy
Suetta Tenney

RENEWAL SOCIETY (\$250-\$499)

Twila Broadway
Patrick & Linda Cady
Steve Cline & Timothy Swafford
Patricia Goolsbey

RETREAT SOCIETY (\$100-\$249)

Andrea Bliss-Lerman
Al & Cora Coleman
Judith DeGrenier
John Delaney
Leigh Dry
Thomas & Lisa Faulk
Thomas & Carol Feikls
Robert Good
Charles Green
Neil & Anne Harper
Rosette Jacobson
Bob Moore & Evelyn Johnson
Edward & Jean Klaiber
Mona Loo
Sarah McQueen
MaryAnn Nawrocki
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Robert & Nancy Plummer
Judith Proctor
Joyce Ringleb
Tom & Harriett Rogers
Walt & Leah Sauter
Robert Hall & Susan Scholz
United Methodist Women of FUMC Melrose
Weston UMC

FRIEND OF THE RIDGE (\$1-\$99)

John Baker
William Broyles & Joan Scott
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James Conn
Bruce & Carol Copeland
Ronald Delbene
Linda Douty
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Janis & Richard Peacock
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Justus Peacock-Broyles
Willard & Joyce Robinson
Suzanne Seaton
Danny Smith
Wanda Stahl & David Hodgkins
Franklin Stevens & Ronald Scanlon
Jim & Mary Todd
Judith Wagoner
Jodi Weeks-Dilanni
Roberta Williams
Walter & Mavis Yeomans

IN KIND DONATION

Andovers Artist Guild
Ron Delbene
Gary Hall
Virginia Jones-Newton
Tony Russo

THE ROAD PROJECT

The North Andover Planning Commission gave Rolling Ridge the go-ahead to pursue a design and plan to open the lower road, the original entrance into the 38 acres. Surveyors are checking the width of the road, measuring sight distances and gathering materials for the road design. DK Engineering of NH is guiding the professional details and drawings. We are thankfully moving forward.

RENOVATE RENOVATE

Thanks to the New England Conference of the United Methodist Church, Rolling Ridge is the recipient of funds from a capital campaign. The Board of Directors sets priorities for the use of the funds. Past projects have been new beds, repairing the roof, a feasibility study, new computers, a hot water boiler and storage tanks. Current projects are: new pool house roof (completed), repair exterior steps (half finished), repair gutters and downspouts (begun) and stucco, and continued work on opening the lower entrance road. The Road Project has had initial meetings with the Town Planning Commission and is moving forward with drawings for the permit process.

ARCHITECTS & PLANS

The Rolling Ridge Board of Directors is working with two architectural firms to produce ideas and drawings that will address our critical need for more adult bedrooms, bathrooms and to increase accessibility. The Board has conducted a room and booking analysis and set forth a vision of the future— being a premier retreat and conference center in New England. The architect plans are one step in moving into our future.

THE RIDGE WISH LIST

- KAYAK
- BLANKETS
- TWIN SIZE HEADBOARDS (13 @ \$85 EA)
 - AREA RUGS
- CEILING FANS FOR MAIN MEETING HALL
- DRESSERS/DESKS FOR BEDROOMS
 - ATV FOR GROUNDS
 - UTILITY CART
 - GOLF CART
 - CHAPEL CHAIRS
 - ROCKING CHAIRS
 - PATIO UMBRELLA
- PATIO TABLES AND CHAIRS
- STANDARD SIZE PILLOWS
 - TWIN MATTRESS PADS
 - COFFEE TABLES
 - RIDING LAWN MOWER
- TRACK LIGHTING FOR LAKESIDE GALLERY
 - WALL MIRRORS

Email us at thestaff@rollingridge.org
or call us at 978-682-8815

REACH OUT

A new Senior high mission week will take place at Rolling Ridge this summer. Sponsored by United Methodist Action Reach-out Mission by Youth (UMARMY), high schoolers will stay at Rolling Ridge but spend each day working on repairs in homes in Lawrence and neighboring towns. Late afternoons for swimming, then dinner, activities and worship make for a life-changing and fulfilling week. A full week of putting faith into action. Visit our website— but registration is handled by UMARMY. Adult leaders are also needed.





Rolling Ridge
Retreat and Conference Center

RIDGEFEST 2010
September 19, 2010

Healing Arts Festival
(sponsored by Healthy Living Magazine)

- Wellness Expo
- Massage*
- Reiki*
- Drumming
- Reflexology*
- Yoga
- Rolling Ridge Cuisine
- Art Gallery
- Tours of the mansion
- Labyrinth Walks
- Storytelling
- Expressive Arts

And more...

Watch our Website for Details

WHERE CAN WE MEET?

Rolling Ridge is the perfect place for your overnight retreat or a strategic planning meeting or a training session. If you have a need for meeting space or have a special event in mind, give us a call. We have large meeting spaces and smaller breakout spaces. We are wi-fi connected and have media equipment you can use. Our chef prepares delicious, healthy meals. We have purchased 37 new beds in the last two years for your comfort. In the summer, the pool, picnic area and 38 acres provide outdoor venues for your meeting or event.

We are freeway and airport close and our guest services coordinator works out individually-tailored packages. Rolling Ridge is a special place for your next meeting or event. Call us at 978-682-8815 or email, thestaff@rollingridge.org

MAKING A LIFETIME OF DIFFERENCE

Bequests are a wonderful, helpful way to make contributions to the mission and ministry of Rolling Ridge. Donations to Rolling Ridge, a non-profit, 501c3 organization, qualify for charitable deduction tax credits.

A Specific Bequest is one in which you direct a specific amount of cash or a specific asset to be given to Rolling Ridge.

A Percentage Bequest is one in which you direct a set percentage of your estate to be given to Rolling Ridge.

A Residuary Bequest is one in which you direct that the remainder of your estate be given to Rolling Ridge after all other bequests, debts, and taxes have been paid.

For more information about making a bequest to support Rolling Ridge, please contact Larry Peacock, Executive Director at 978-682-8815/x18 or email to revlpeacock@rollingridge.org.

UNDERWRITE A ROLLING RIDGE PROGRAM

You or your faith community can underwrite a Rolling Ridge program. Your underwriting can assist us in bringing outstanding leaders or provide scholarships. Call our Director, Larry J. Peacock at 978-682-8815 x18.



BE A HERO
Living Like Jesus

ELEMENTARY WEEKEND RETREAT:

JULY 9-11, 2010

MIDDLE SCHOOL CAMP:

AUGUST 1-5, 2010

Rolling Ridge invites children and youth who have completed Grade 3 through Grade 8 to join us this summer for “*BE A HERO...living like Jesus*”, our summer 2010 program.

ELEMENTARY WEEKEND RETREAT

(having completed grade 3-5)
July 9-11
Registration Fee: \$175

New
Lower
Rates!

MIDDLE SCHOOL CAMP

(having completed grades 6-8)
August 1-5
Registration Fee: \$355

**NEW!!! MISSION WEEK
FOR SENIOR HIGH: “REACH-OUT”**

(having completed grades 9-12)
July 11-17
Registration fee: \$325

SUMMER 2010 YOUTH PROGRAMS AT ROLLING RIDGE:

What’s special?

- Olympic Size Pool
- Real BEDS with sheets!
- Fun and Games
- Learning and Service
- 38 Acres of Woods & Trails
- Spiritual Renewal in a Grand Estate

ELEMENTARY WEEKEND RETREAT:

An introduction to the “camp” experience, our weekend retreat is for children who have completed Grades 3-5. Activities include swimming, games, crafts and storytelling and an evening campfire. Leader: Lori Bergman

MIDDLE SCHOOL CAMP:

5 Days, 4 nights of swimming, friends, discussion groups, games, service projects, plus a special Wednesday night celebration. Leader: Will Green

SENIOR HIGH:

Sponsored by United Methodist ARMY.



TO REGISTER for ELEMENTARY AND MIDDLE SCHOOL:

1. Go to our website at www.rollingridge.org and click on “Programs”/“Youth programs” DOWNLOAD the application.
2. “Add to cart” your choice of \$100 deposit (non-refundable) or payment in full. Preliminary registration (deposit and application only) deadline is **May 31, 2010**. Mail completed application to Rolling Ridge. (Include personal check if not using a credit card.)
3. DOWNLOAD the necessary paperwork and health forms and mail them to Rolling Ridge, 660 Great Pond Rd, N.Andover, MA 01845
4. Registration is not completed until all necessary forms, including an updated record of physical and medical history are received. These forms are REQUIRED as part of our licensing process and ALL must be received by **June 15, 2010**. Late submissions will not be accepted, and your deposit will be forfeited.

To Register for Senior High Mission Week: go to www.rollingridge.org/youthprograms

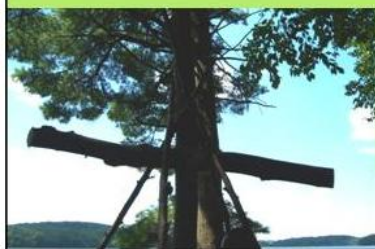
If you have any questions, please contact us at 978-682-8815 or by email at thestaff@rollingridge.org.

All major credit cards accepted.

All Rolling Ridge camp policies are required for licensing by the State of Massachusetts through the Town of North Andover. All procedures for background reviews, health care and discipline policies are available for parent/guardian review upon request.

REGISTRATION DEADLINE IS MAY 31, 2010

REGISTER ON LINE AT WWW.ROLLINGRIDGE.ORG



THE ROLLING RIDGE CHAPEL

Rolling Ridge is creating an indoor chapel. Working with Red M Studio of Boston, designs for lighting, chairs, an altar, painting and flooring are being created. Please call or email for donation possibilities.



BE WELL– Ridge Wellness Center

The programs and the environment of Rolling Ridge contribute to a sense of peace and well-being. An important component of wellness is care for the body and the new Ridge Wellness Center is beginning to take shape.

Our Wellness Team offers various services in the healing arts or body therapy. Many on the team were at “Ridgefest”–our fall wellness open house in September. Free introductory sessions to massage, healing touch, reiki, reflexology, and chair massage were offered to over 75 guests in the course of the day. People lined up to take advantage of these services.

You may book a massage, cranio-sacral therapy, reiki, foot reflexology and more by calling Carrie Lynch at 978-806-6090 or the Rolling Ridge office at 978-682-8815. Go to www.rollingridge.org/programs for a complete brochure of our wellness offerings.

SUMMER PICNICS AT THE RIDGE

Don't forget that Rolling Ridge is the perfect spot for your family reunion, corporate cookout, or church picnic. Relax in the open field, swim in the pool, play some sports, and fire up the grill! Call Alison Green Will, Guest Services Coordinator at 978-682-8815 x10 and let her customize your special event. There are still plenty of available dates in 2010 for your Group Retreat/Picnic. Call today!

